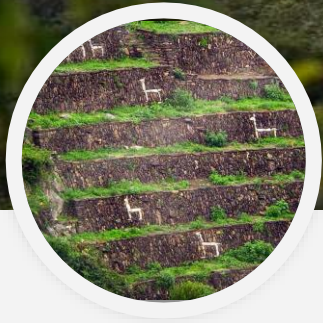




**PERU HIKE**  
Travel & Expeditions

# CHOQUEQUIRAO TREK 4 DAYS





## DESCRIPTION

The Choquequirao 4 day trek is without a doubt an amazing and extraordinary adventure, it explores one of the biggest places built by the Incas even 3 times bigger than Machu Picchu also known as the hidden city or the cradle of gold. A hidden city at the top of the Apurimac River mountains.

Discover the architectural jewel of the Incas on a trek that will challenge your physical and mental limits to renew yourself from head to toe. If you're addicted to physical activity, you love nature, and you're passionate about the history of ancient civilizations, this route is perfect for you.

The Choquequirao Route is really spectacular and almost no tourist visits it. Little known, little visited, little explored. Choquequirao is believed to be the legendary last city inhabited by the Incas. You'll be surprised by its size since it's much larger than Machu Picchu.

Prepare yourself for a journey through time, leaving modernity and worries behind as you walk through the stone streets of Choquequirao and Machu Picchu. Imagine a lifestyle where great importance was given to the community and where there was a deep love and respect for Mother Nature, or Pachamama. This intense and important connection between human beings and nature allowed the Incas to carry out true wonders of architecture and engineering.

During this adventure you'll travel the ancient paths that the Incas used, climb the high Andean peaks, contemplate the majesty of the glaciers, descend through deep canyons where the condors fly, and cross completely different ecosystems from one another.

# THE SHORT CHOQUEQUIRAO ROUTE

## 4 Days Trek



**Capuliyoc**  
2890 m. / 9482  
Trekking Starting Point

**Capuliyoc Pass**  
2890 m. / 9481 FT.

**MaramPata**  
2,900 m / 9,514 ft  
4 km - 2:00 Hrs.

**Choquequirao**  
3050 m. / 10007 FT.  
3 km - 1:30 Hrs.

**Chiquisca**  
1,900 m / 6,234 ft  
8 km - 3:00 Hrs.

**Sta. Rosa**  
1970 m. / 6463 FT.  
7 km - 3:00 Hrs.

**Cusco**  
3400 m. / 11155 FT.

**Qoriwayrachina**  
5350 m. / 17552 Ft.

**Playa Rosalinas**  
1500 m / 4921 FT.

**Padreyoc**  
5750 m. / 18864 Ft.

- DISTANCE / HOURS
- CAMPS
- LUNCH & REST AREA
- PASS POINT
- RIVER
- FOOTPATH
- MAJOR ROAD
- MINOR ROAD

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info@peruhike.com  
www.peruhike.com



# FULL ITINERARY

## CHOQUEQUIRAO TREK 4 DAYS

### Why take the Choquequirao Trek 4 Days?

- ✓ Explore the largest Inca archaeological site that exists: Choquequirao.
- ✓ Connect with the energy of this sacred place and with Mother Nature amid the tranquillity that only this area can offer you.
- ✓ Enjoy a wide variety of landscapes and climates.
- ✓ Get to know the Apurímac Canyon, which is the deepest in the American continent and that's located next to Choquequirao.

Your epic trip begins at 4:30 am when we collect you from your accommodation in Cusco and drive for five hours to Capuliyoc in our private transport. Along the way, you'll be treated to spectacular views of the Salkantay and Humantay snowy mountains.

When we arrive in Capuliyoc, you'll devour a delicious breakfast and meet the cook and horseman who'll make up your trekking team. They'll make sure your belongings arrive safely at each camp and ensure you're well-fed.

Once we start hiking, you'll make your way through the beautiful Apurimac landscapes through a huge valley on a 3-hour downhill walk. You'll spot two more gigantic mountains, Padreyoc and Qoriwayrachina before we reach our lunch spot at Chiquisca.

When you're full and reenergized, we'll continue for another hour and fifteen minutes to the bottom of the valley. Here, you'll be confronted with the rushing Apurimac River, which is known as "Speaking God" in Quechua. The water boasts class V rapids, making it perfect for canoeing or rafting.

Finally, we'll make the last 2-hour descent until we reach Santa Rosa (1,970 m / 6,463 ft), our first campsite. You'll enjoy a tasty dinner before heading to bed for some well-earned sleep.

**WALKING DISTANCE**

15 km / 9.32 mi

**MEALS**

Breakfast, lunch, dinner

**ACCOMMODATION**

Private Camps

In the morning, you will be served a big breakfast to give you the energy you will need throughout the hike. Then, you will depart around 5:30 a.m. and zigzag your way up for three hours to Marampata (2,900 m / 9,514 ft.). There, you will be amazed by the incredible scenery and have the opportunity to capture some shots of the canyon and snow-capped peaks. After a brief rest and to organize your gear, you will hike for another hour and thirty minutes to the Choquequirao complex (3,050 m / 10,007 ft).

On this day, you will have the opportunity to immerse yourself in the surroundings and let the energy of this ancient site take hold of you. You will take your time and discover every part of the complex located in the deep canyon. You are probably already imagining the breathtaking scenery that awaits you. Your guide will take you around the site and teach you about the history and other interesting stories.

Choquequirao is much larger than Machu Picchu, although experts believe that only 40% is currently discovered, so there is likely to be much more to explore in the future. You will visit plazas, temples and impressive terraces. All of this will make you wonder how the ancient civilization could have built such a feat on top of the mountains.

Don't miss some of the most important parts of the complex, such as the white stone llamas that were built to protect the important mountain overlooking the area known as Apu Qoriwayrachina. Choquequirao remains a mystery in many ways and imagine that in the coming years you will learn more. At noon, you will stop at this magnificent site to enjoy lunch.

In the afternoon, you will return to your camp at Marampata to enjoy another great dinner and rest for the night. Once the sun has set, you will notice that the night sky is filled with stars and constellations. Contemplate their meaning before going to bed.



**WALKING DISTANCE**  
10 km / 6.21 mi



**MEALS**  
Breakfast, lunch, dinner



**CHOQUEQUIRAO. AL**  
3,050 m / 10,007ft

You will start the day with another hearty breakfast before heading back, after having enjoyed some beautiful moments during your tour of Choquequirao.

You will return along the same trail until you reach Santa Rosa (1,970 m / 6,463 ft), where you will stop to visit a local family's agricultural hacienda, where they cultivate sugar cane that is used for the preparation of Cambray, a popular liquor in the area.

After enjoying a delicious lunch and a short rest, you will continue your descent until you reach Rosalinas Beach (1,500 m / 4921 ft), where you will cool your feet in the cold waters of the Apurimac River before starting to ascend.

You will continue the return trek, but this time you will start climbing for approximately one hour and fifteen minutes until you reach the warm Chiquisca (1,900 m / 6,234 ft), where you will spend the night and enjoy a tasty dinner while talking to your trekking companions about all the exciting things you witnessed today. You will be more than ready for bed when the time comes.

**WALKING DISTANCE**

11 km / 6.82 mi

**MEALS**

Breakfast, lunch, dinner

**ACCOMODATION**

Private camps

You'll enjoy your last breakfast of the journey as you listen to the roaring Apurimac River and then be off on an early start to avoid walking in the hot sun. Take some last deep breaths and let Mother Nature guide you on his last section of the trek back to Capuliyoc.

When you get to the town, you'll bid farewell to your trekking team that has accompanied you the whole way. It'll be time to board our private vehicle that'll take you to see the colossal rock known as Saywite. While there, you'll learn that this rock was of great religious importance to the Incas and focused on water.

After your small history lesson, you'll head to Conoc hot springs and enjoy a dip in the relaxing waters to rest your muscles after all the trekking. You'll enjoy your final lunch here before continuing in our transport back to Cusco.

Make the most of your last chance to observe the pretty snowy mountains and take some memorable photos of the incredible landscape. You'll likely be physically tired at this point, but you'll have such a sense of satisfaction and achievement that none of it will matter. We'll arrive back in Cusco and take you to the door of your accommodation at around 6:00 pm for you to unwind and get as much rest as you need.

**WALKING DISTANCE**

8 km / 4.97 mi

**MEALS**

Breakfast, lunch

**RETURN**





# INCLUSIONS

## INCLUDED / NOT INCLUDED

At Peru Hike company, we specify the included and non-included services under all the tour itineraries listed on our website. We take care of all the logistics, but please pay attention to the details to avoid missing anything. Some items may be different for specific programs, so please read carefully before booking with us.

# WHAT IS INCLUDED?

## High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced Guide speaks English and Spanish
- ✓ A professional cook only for our group
- ✓ Medical Kit – First Aid Kit
- ✓ Private Camping Equipment
- ✓ One duffle bag per person
- ✓ Customer Service 24/7
- ✓ Extra oxygen

## Private Camping Equipment

- ✓ We also include a large tent with table and chairs for you to enjoy your meal without worry-free, and all the cooking equipment, carried by our porters and horses
- ✓ We also included a portable toilet

## Permits & Entrance Tickets

- ✓ Entrance Ticket to Choquequirao Archaeological Site.

## Transportation

- ✓ Private transportation from your hotel in Cusco to the start of the trek.
- ✓ Horses, and muleteers horses carry your 8-kg / 16-pound personal items.
- ✓ Return transportation from the end of the trek to Cusco to your Hotel.

## Meals

- ✓ Meals: 4 Breakfasts, 4 Lunches, and 3 Dinners
- ✓ Meals: vegetarian and vegan
- ✓ Water to drink on the trail every day
- ✓ Wake up tea, every morning
- ✓ Tea Time or Happy Hour, every afternoon
- ✓ Snacks on the trail daily
- ✓ Products for hygiene

## Accommodation

- ✓ Personal Accommodation in Private Campsites
- ✓ 4-Person, 4-season tents, destined for 2 travelers
- ✓ 1 Polar sheet per person
- ✓ Pillows throughout the tour
- ✓ Rubber warmers, for the night

## Extra inclusions

- ✓ PRO Air sleeping pad, Therma-Rest brand
- ✓ Sleeping bag
- ✓ Trekking stick



# WHICH IS NOT INCLUDED?

## What Is Not Included?

- Travel Insurance
- Tips for our staff
- Additional costs or delays out of control of the management





# BEFORE YOU GO

## Is it for me?

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Peru Hike Company in one place. Please read the following information carefully – it will help you with any questions about our services.

## How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek. You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek. Here are some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:

### City Tour and Sacred Valley



City Tour



Sacred Valley



### Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another meeting by email, by phone or at the Peru Hike Company office.



### Trek Balance Payment (in Cusco)

The trek has to be paid for in full at most 6.30 pm one day before your departure (generally after the briefing). It would be much appreciated if you pay the trek balance in cash US dollars or local currency at our office in Cusco. You can withdraw some money from several ATMs along Avenida Sol (either in US dollars or local Peruvian Soles). You can pay by credit card or PAYPAL online, but you will have to pay a charge, charged by VISA and PAYPAL. We do not accept bank checks or payment of the balance by traveler's checks.



### Group tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route. It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.



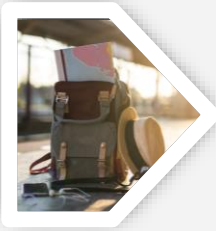
### Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our horses will carry them, and the horsemen will hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in). A maximum of 8 kg / 17 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.



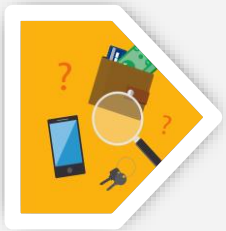
### Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date. Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.



### Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge. Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of the, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.



### Lost Objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents, or restaurants. You're the only one responsible for your objects during the tour.



### Pick up of guests

Peru Hike Company can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup time in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic. Cusco is an old city, meaning it has many narrow cobble streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

# THANKS!

DO YOU HAVE ANY QUESTIONS?



**24 HRS. EMERGENCY**

**CALL: +51 917815987**

[Opening hours – 7:30 am to 19:30 pm]



**Phone: +51 917815987**

**Email: [info@peruhike.com](mailto:info@peruhike.com)**

**web: [www.peruhike.com](http://www.peruhike.com)**



**Location:**

**[Cusco, Peru Click here](#)**

