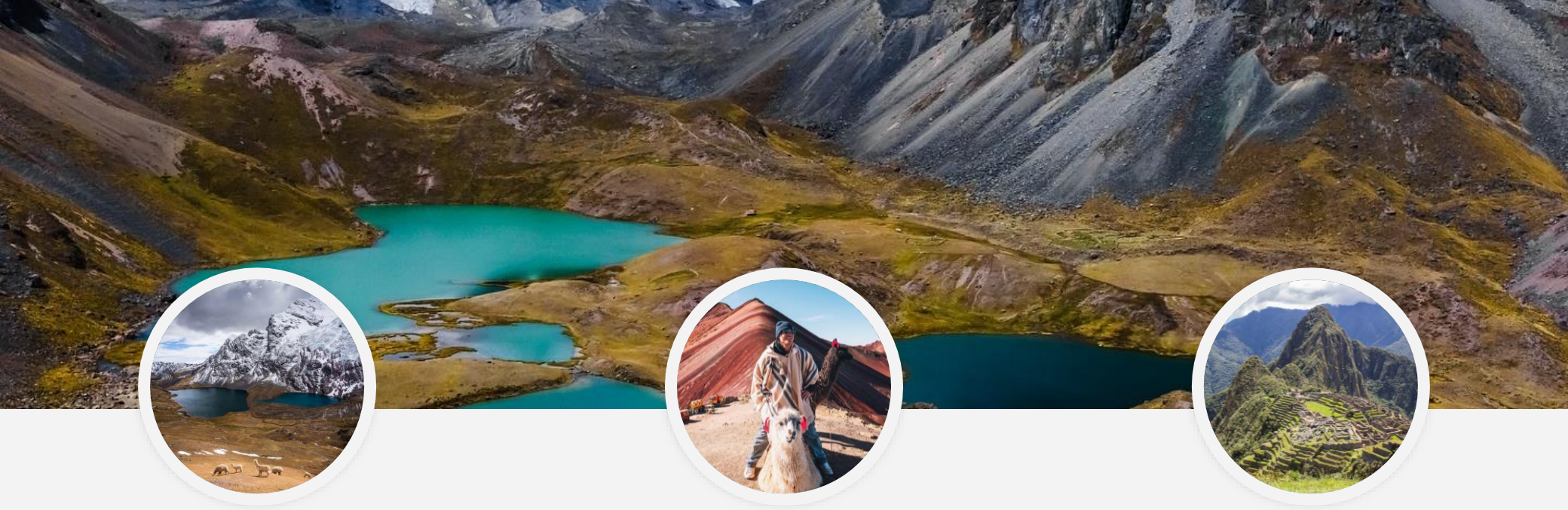




PERU HIKE
Travel & Expeditions

AUSANGATE & RAINBOW MOUNTAIN TO MACHU PICCHU HIKE 8 DAYS

EXPLORE AND LIVE UNFORGETTABLE MOMENTS



DESCRIPTION

This tour is designed for mountain lovers who want to visit the most important peaks and valleys of Cusco: the Ausangate glacier and its crystalline lagoons, Rainbow Mountain, the Sacred Valley of the Incas and the Inca citadel of Machu Picchu. During this journey, you'll be able to see extremely diverse landscapes, starting from the highest, snow-covered peaks and going to the tropical valleys of the Andes. On the trail, the Apu Ausangate (6,372 m / 20,905 f) will be the protagonist; it's the highest mountain in the Cusco region.

Your adventure will start in the community of Upis. The first day, after lunch, you'll get to visit the pristine Huayna Ausangate Lagoon. You'll see these incredible, once-in-a-lifetime landscapes with your own eyes as you reveal, one step at a time, the Vilcanota Mountain Range. Impressive mountain passes and glacial lakes await you as the prelude to presenting ourselves before the sacred Apu Ausangate.

Colorful scenes will illuminate your path to Rainbow Mountain and the Red Valley. Hiking through these places will be an essential part of preparing you for the great challenge of conquering the Palomani Pass. From there, you'll look out over mythical glaciers and other impressive, snowy peaks of the mountain range. Descending from those heights, you'll be relieved to arrive at Pacchanta and enjoy its hot springs at the foot of Ausangate.

Later on, we'll take you, in our private car, to the Sacred Valley of the Incas and visit Urco and Ollantaytambo. We'll take the train to Aguas Calientes, and then you'll finally be able to visit the magical Inca citadel of Machu Picchu. While you're there, you'll enjoy a rich culture of times past, both in its construction and its picturesque surroundings. Lastly, we'll take you back to Cusco, and if it's your first time here, we're sure there'll be many more.



FULL ITINERARY

AUSANGATE & RAINBOW MOUNTAIN TO MACHU PICCHU HIKE 8 DAYS

Why Take the Ausangate & Rainbow Mountain To Machu Picchu Hike 8 Days?

- ✓ On this tour, you'll be able to combine adventure and culture as you visit the best of the region of Cusco: Ausangate, Rainbow Mountain, the Sacred Valley of the Incas and the great Inca citadel of Machu Picchu.
- ✓ Join us on this breathtaking five-day trek through the Andes Mountains.
- ✓ Marvel at majestic snow-capped peaks, glaciers, and crystalline turquoise lakes.
- ✓ Get touch with indigenous people in rustic rural villages of the mountains.
- ✓ Spectacular views from high altitudes especially while crossing two passes, the Palomani Pass and the Q'ampa Pass.
- ✓ Catch a glimpse of Andean wildlife – condors, llamas, alpacas, vicuñas, and many aquatic birds.
- ✓ Hike with a real direct & official local tour operator based in Cusco.

Our adventure begins very early at 5:00 a.m. We will pick you up from your hotel to head on a two-hour drive to Ocongate (3,500 m / 11,482 ft.), a picturesque place full of joy. You will enjoy the first views of the great Vilcanota range with its majestic Apu Ausangate mountain; we will pass through high Andean villages and see their people wearing colorful costumes. Keep in mind that these costumes represent the colors of the mountains.

We will continue our journey to the Upis community (4,250 m / 13,944 ft). Here, we will have a good breakfast, and meet the cook and the muleteers, who will be part of this adventure. We will walk for three hours along a trail used by the local people until we reach the Upis Camp (4,400 m / 14,436 ft).

Later, we will delight our palate with a delicious lunch and, after a short rest, we will head to the lake Huayna Ausangate Cocha (4,480 m / 14,436 ft), a charming place for the energy it transmits. Remember that on this short tour you can leave your things at the campsite.

**WALKING DISTANCE**

10 km/ 6.21 miles

**MEALS**

Breakfast, lunch, dinner

**ACCOMMODATION**

Camps

Start the day off with attitude! We'll wake you up with an energizing coca tea, and then our guides will tell you what to expect on this morning's 2-hour hike up to the Arapa Pass. Once we're there, you'll feel the energy of the mountains enveloping you, and the horizon will open up, revealing all the earth's striking colors.

Once you've have enough time there, you'll keep going until you get to the Yanacocha Lagoon, where we'll have lunch prepared by the chef and porters. Next, you'll continue the journey two more hours to the Hatun Pucacocha and Huchuy Pucacocha Lagoons. In the afternoon, you can explore the beautiful surroundings of our campsite. We'll finish off the day with a wonderful dinner.

**WALKING DISTANCE**

11 km / 6.83 mi

**MEALS**

Breakfast, lunch, dinner

**ACCOMMODATION**

Camps

As you warm up with a hot cup of coca tea, we'll get everything ready to start the day and recharge with an energizing breakfast. You'll hike through two valleys to get to the Puca Pass (4,870 m / 15,978 f), from which you'll see what you've already traversed and where you're going next. Don't forget your jacket, because it's cold and windy here!

Along the entire trail, you'll be accompanied by the Ausangate glacier and its gorgeous turquoise lakes. After we're finished on the peak, you'll keep going, now downhill, to Anantapata (4,750 m / 15,584 f) to have lunch. If there's time, you can rest or take a short nap before moving on. Continuing on the path, you'll trek up to the Warmisaya Pass (4,985 m / 16,355 f). Prepare yourself, because this part of the trail is steeper than the last.

After passing Warmisaya, you'll go downhill to arrive at our campsite in Surinecocha. If the guide's okay with it and there's time, you can keep going on this path to watch the sunset at Rainbow Mountain. If you do go, you should return to the campsite before dark. At the end of the day, you'll enjoy a delicious dinner and have a well-earned sleep.

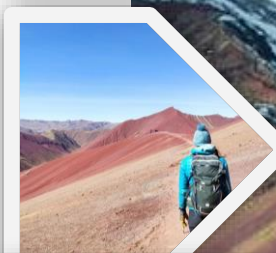
**WALKING DISTANCE**
10 km / 6.2 mi**MEALS**
Breakfast, lunch, dinner**ACCOMMODATION**
Camps

Surinecocha - Rainbow mountain - Quesouno - Ausangate cocha Camp

We'll wake you up before dawn to arrive at our destination precisely at the right moment, when the king of the stars first shoots his sunbeams across the sky and across the radiant Rainbow Mountain. Be sure to wrap up well, because it will be very cold there, especially at this time of day. Our guide, who has a wealth of knowledge, will make your visit extra special by helping you connect with the spiritual side of these mountains.

After enjoying this natural wonder to its fullest, you'll walk to the Red Valley to see yet another incredible landscape and take amazing pictures. Later on, you'll return to Rainbow Mountain and we continue our way back to Ananta where our cook will be waiting for us with lunch ready.

After You'll continue to trek going a flat path for three hours through a green valley, and you'll see local wildlife in their natural habitat: the beautiful woodpecker and other birds, and the Andean goose known as Huallata. If you're lucky, you may also see the Andean fox, and its unmistakable skunk smell will make itself known. When you get to the campsite at Ausangate Cocha, you'll enjoy tea time and then dinner.



WALKING DISTANCE
17 KM / 10.5 MI



MEALS
Breakfast, lunch, dinner



ACCOMMODATION
Camps

We'll enjoy an energizing breakfast to keep our strength up all day long, and this will help us conquer the highest point on the trek. You'll leave the campsite and make a two-hour ascent to the Palomani Pass (5,200 m / 17,060 f). From this once-in-a-lifetime viewpoint, you'll see the magical Ausangate and the famous Vilcanota Mountain Range stretching out before you. It's home to the highest glacier concentration in Peru with 469!

After practicing your photography skills to capture that landscape, you'll descend an hour and a half to the community of Huchuy Phinaya (4,700 m / 15,420 f), where we'll provide a satisfying lunch for you.

There's another uphill climb awaiting you afterward, a two-hour hike to the Jampa gorge; it will give you beautiful views of the Callangate Mountain Range. Lastly, you'll arrive at our campsite in Sorapata (4,650 m / 15,256 f) to have dinner and spend the night.



WALKING DISTANCE
10.5 KM / 6.52 MILES



MEALS
Breakfast, lunch, dinner

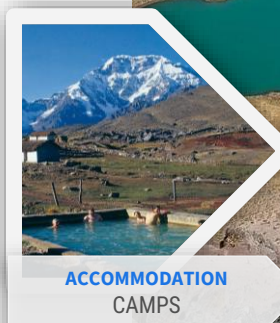
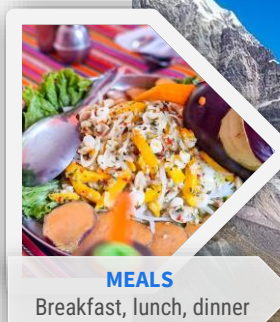
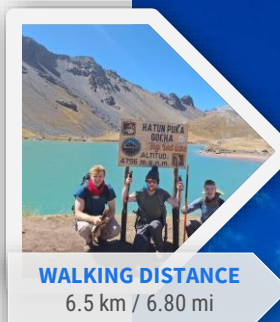


ACCOMMODATION
CAMPS



You'll wake up next to the Tres Marias (Three Marias), a set of snowy peaks just in front of our camp. After breakfast, you'll begin today's hike, a two-and-a-half hour ascent to the Jampa Pass (5,070 m / 16, 634 f). Along the trail, you'll see a green valley extending on the horizon. One last descent is left to arrive at our campsite, where you'll have lunch and spend the night. Pay attention! On this part of the hike, you can see three glacial lakes: China Otorongo, Orco Otorongo and Qomer Cocha. These are well-known in the Andean world and highly revered for their mystical significance.

In the afternoon, you'll have a chance to take a dip in the Pacchanta hot springs in the community of the same name. After several days of trekking, you'll finally be able to relax your tired legs and muscles. We'll finish the day with a fabulous dinner.

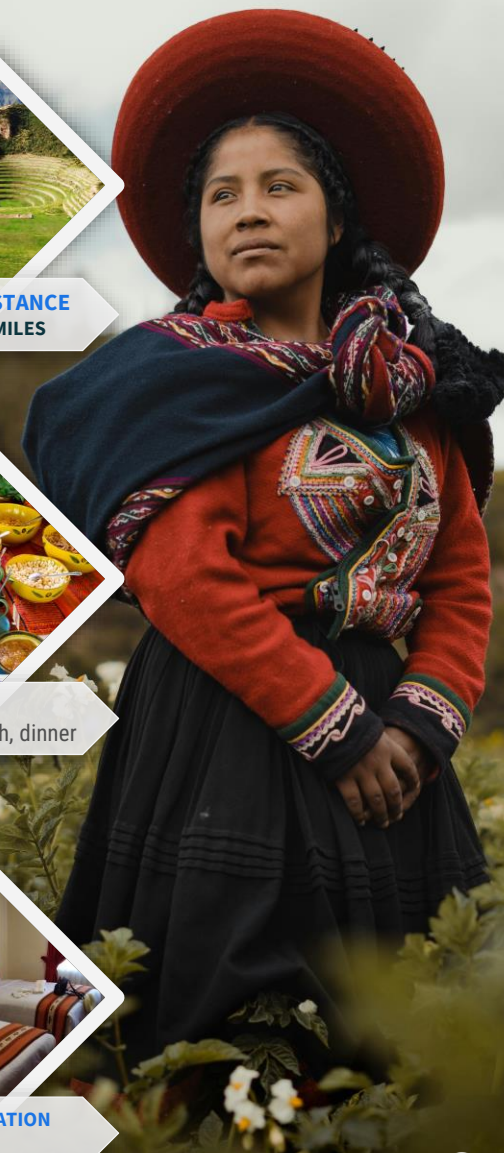


After breakfast, you'll have a moment to say goodbye to our trekking team who's accompanied you on the magnificent Ausangate Trail: the professional chefs and the porters. After that, we'll take you, in our private car, three and a half hours away into the Sacred Valley. First, you'll go to the Maras Salt Mines Viewpoint and have lunch as you admire the surrounding landscape.

Next, we'll take you to visit the archeological center in Moray, a place dedicated to agriculture. Moray Ruins consist of circular agricultural terraces at high altitude. These terraces served as a natural green house to grow an extraordinary variety of crops that would normally only thrive in tropical climates.

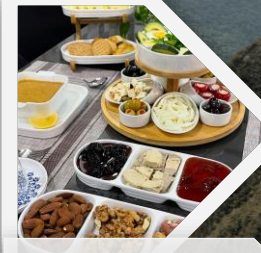
Continuing on, the car will take you to the living Inca city of Ollantaytambo. When we get there, we'll take you for a walk to see its Inca walls and water canals around town, and then you'll be able to hike up Pinkuylluna, a hill that houses the Collcas of the Incas, their granaries used to preserve agricultural products.

Finally, we'll all take the train to Aguas Calientes and settle into a nice hotel. We'll have dinner, and then you can get some rest and dream about the amazing places you've seen so far.

**WALKING DISTANCE**
1 KM / 0.62 MILES**MEALS**
Breakfast, lunch, dinner**ACCOMMODATION**
HOTEL

Today, you'll have the adventure of a lifetime as you enter the magnificent and world-famous Machu Picchu. There are people who only dream of visiting this Wonder of the Modern World, but you're here in person! What you've heard about the charm of this place is nothing in comparison to what you'll feel being here in real life. So that we can spend a long time in the citadel, we'll go to the bus station early in the morning and try to be the first ones there. Once you're inside, you'll feel a special aura in the air; after all, this sacred temple of the Incas was made in perfect communion with Mother Earth.

The surrounding mountains are faithful witnesses to everything that's happened on these grounds over the years. They saw all the effort that went into building this colossal, sacred citadel on the top of a mountain. Your guide will tell you all about this architectural jewel from its making to the present, a wonder that's astonished the whole world. After this fantastic experience, we'll return to Aguas Calientes to have lunch (not included in our tour) and then return to Cusco.

**DIFFICULTY**
MODERATE**MEALS**
Breakfast**MACHU PICCHU SITE**
ELEVATION
2,430 M / 7,972 FT



INCLUSIONS

INCLUDED / NOT INCLUDED

At Peru Hike company, we specify the included and non-included services under all the tour itineraries listed on our website. We take care of all the logistics, but please pay attention to the details to avoid missing anything. Some items may be different for specific programs, so please read carefully before booking with us.

WHAT IS INCLUDED?

High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced Guide speaks English and Spanish
- ✓ A professional cook only for our group
- ✓ Motorola Talkabout Radio, for communication
- ✓ Medical Kit – First Aid Kit
- ✓ Private Camping Equipment
- ✓ One duffle bag per person
- ✓ Customer Service 24/7
- ✓ Extra oxygen

Private Camping Equipment

- ✓ We also include a large tent with table and chairs for you to enjoy your meal without worry-free, and all the cooking equipment, carried by our porters and horses
- ✓ We also included a portable toilet

Permits & Entrance Tickets

- ✓ Entrance ticket to Ausangate Trek
- ✓ Entrance ticket to Rainbow Mountain
- ✓ Entrance Ticket to Machu Picchu Circuit (1 or 2)

Transportation

- ✓ Private transportation from your hotel in Cusco to the start of the trek.
- ✓ Horses, and muleteers horses carry your 8-kg / 16-pound personal items.
- ✓ Private transportation from the end of the hike to Ollantaytambo train station
- ✓ Day 7: train ticket from Ollantaytambo to Aguas Calientes

- ✓ Day 8: Bus ticket to Machu Picchu round trip
- ✓ Day 8: Train Ticket from Aguas Calientes to Ollantaytambo
- ✓ Day 8: Private transport from Ollantaytambo train station to your hotel in Cusco.

Meals

- ✓ Meals: 8 Breakfasts, 7 Lunches, and 7 Dinners
- ✓ Meals: vegetarian and vegan
- ✓ Water to drink on the trail every day
- ✓ Wake up tea, every morning
- ✓ Tea Time or Happy Hour, every afternoon
- ✓ Snacks on the trail daily
- ✓ Products for hygiene

Accommodation

- ✓ Personal Accommodation in Private Campsites
- ✓ 4-Person, 4-season tents, destined for 2 travelers
- ✓ 1 Polar sheet per person
- ✓ Pillows throughout the tour
- ✓ Rubber warmers, for the night
- ✓ Hotel in Aguas Caliente

Additional Included

- ✓ Emergency horse to ride
- ✓ PRO Air sleeping pad, Thermo-Rest brand
- ✓ Sleeping bag
- ✓ trekking stick



WHICH IS NOT INCLUDED?

What Is Not Included?

- Travel Insurance
- Tips for our staff
- Additional costs or delays out of control of the management





BEFORE YOU GO

Is it for me?

We want to make your trip to Peru as memorable and as carefree as possible. In this section, you'll find the answers to all the questions you have about traveling with Peru Hike Company in one place. Please read the following information carefully – it will help you with any questions about our services.

How many days do I need to acclimate in Cusco before the Trek?

It's very important to be well acclimated to the altitude before exerting yourself on a trek. We recommend that you arrive in Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek. You might have already been in another area of Peru at a high altitude before arriving in Cusco. In that case, we still recommend you have a whole day in Cusco to rest, recover from your travel, and enjoy the sights and sounds of Cusco before departing for the trek. Here are some suggestions for activities to do in the Cusco vicinity before starting your adventure trek:

City Tour and Sacred Valley



City Tour



Sacred Valley



Briefing or Informative Meeting

All information meetings and briefings are held in our main office in Cusco (or your hotel) at 5:00 pm, one night before the tour begins. These meetings last approximately 30 to 45 minutes. If you're unable to attend, you must coordinate another meeting by email, by phone or at the Peru Hike Company office.



Trek Balance Payment (in Cusco)

The trek has to be paid for in full at most 6.30 pm one day before your departure (generally after the briefing). It would be much appreciated if you pay the trek balance in cash US dollars or local currency at our office in Cusco. You can withdraw some money from several ATMs along Avenida Sol (either in US dollars or local Peruvian Soles). You can pay by credit card or PAYPAL online, but you will have to pay a charge, charged by VISA and PAYPAL. We do not accept bank checks or payment of the balance by traveler's checks.



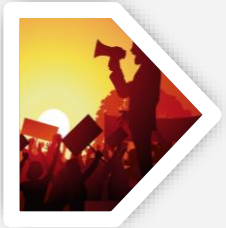
Group tours

Group tours are made up of different types of people, then physical conditions and ages can vary. By agreeing to be part of a group tour, you also accept that some people may be faster or slower than you. Therefore, each person can go at their own pace on the route. It may be the case that a group wishes to modify the tour; however, the guide will be the one who decides, after consulting with all the participants, if such modifications are possible.



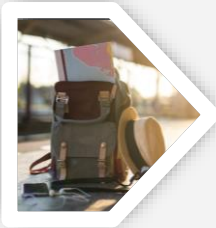
Duffel Bag or Canvas Case

You'll receive a canvas case or duffel bag during your briefing. Our horses will carry them, and the horsemen will hand them to you when you get to each camp. They measure 60 x 24 x 22 cm (23.6 x 9.45 x 8.66 in). A maximum of 8 kg / 17 lb is allowed for each duffel bag, including the weight of your sleeping bag, sleeping mat, clothes, and other personal items.



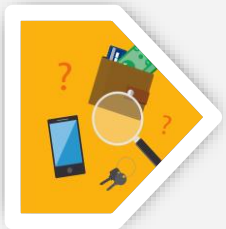
Strikes and demonstrations

Strikes and demonstrations are usually common in Peru, and this may interrupt some of our tours. Roads can be blocked, and train tracks can be taken over. However, we will try to keep your trip as originally planned, even if it means leaving the night before the scheduled date. Under these circumstances, tours may also be canceled. In case of changes or cancellations, everything will be coordinated with you by our operations department. Your safety is our highest priority, and our decisions will be made to protect it.



Can I store my luggage at your office?

Of course! During the trip, your main luggage can be stored at our office (you can organize it with us on the briefing day or by email) or at your hotel, both free of charge. Any equipment that you won't need on the trek can be stored safely in your hotel. Nearly every hotel will provide this service. Don't leave items of value with your bags; put them in the hotel safe and obtain an itemized receipt (in the unlikely case of the, many insurance companies require that you have a copy of the receipt itemizing everything). It's best to put items such as credit cards inside a sealed, signed envelope for extra peace of mind.



Lost Objects

Please pay attention to where you leave your things and remember to take everything once you leave our transport, tents, or restaurants. You're the only one responsible for your objects during the tour.



Pick up of guests

Peru Hike Company can pick you up from your hotel, as long as it's in the Historical Center of Cusco. Your guide will coordinate the pickup time in the briefing session, but please keep in mind that the time may vary between 30 and 45 minutes due to traffic. Cusco is an old city, meaning it has many narrow cobble streets. Some hotels and Airbnbs may be located on streets without access to cars or on long, steep slopes, making it difficult to transport luggage. We strongly recommend that you book accommodation with good access.

THANKS!

DO YOU HAVE ANY QUESTIONS?



24 HRS. EMERGENCY

CALL: +51 917815987

[Opening hours – 7:30 am to 19:30 pm]



Phone: +51 917815987

Email: info@peruhike.com

web: www.peruhike.com



Location:

[Cusco, Peru Click here](#)

